



Joint Nationals 2025

Egypt, Greece, Morocco



Hosted by:



Supported By:



Registration Deadline: February 1, 2025
Music and PPC Submission Deadline: February 10, 2025
Competition Date: February 22, 2025

ANNOUNCEMENT

Ice Skate Egypt
is honored to welcome you to the

2025 Joint Nationals

This Competition is for
Senior: men, women, solo dance
Junior: men, women, solo dance
Advanced novice, intermediate and basic novice:
boys, girls
Cubs, chicks: boys, girls
Adult free skating gold, silver, bronze: men, women

February 22, 2025

Organized by
Ice Skate Egypt

Hosted by
IceLab, ISU Center of Excellence, Bergamo, Italy

Supported by
ISU Development

1. INTRODUCTION

Joint Nationals 2025 is a competition in figure skating and is organized for the following ISU member federations:

- Ice Skate Egypt (Organizer)
- Hellenic Winter Sports Federation
- Association of Moroccan Ice Sports
- Barbados Ice Skating Association (Non-ISU Member)

This competition will count as Nationals for the above-mentioned ISU members and will be conducted in accordance with the National Regulations for these respective federations. All participating nations must follow their own valid regulations for their own National Championships.

The Organizers reserve the right to update this announcement if necessary. When submitting an entry, all competitors acknowledge that the Organizers can only host the competition in accordance with the effective medical and government regulations. In case the competition cannot take place due to legal restrictions or public health issues, the Organizers bear no responsibility for any damage resulting from the cancellation and thus no claims can be made towards the Organizers. The Organizers are not obliged to assign a new date for the competition if it is cancelled because of the above-mentioned reasons.

2. OVERVIEW

The competition is organized by Ice Skate Egypt, and is hosted by the IceLab, the ISU Center of Excellence, Bergamo, Italy.

The competition is supported by ISU Development.

- Registration Deadline: February 1, 2025
- Music and PPC Submission Deadline: February 10, 2025
- Competition Date: February 22, 2025

Categories

Single Skating: Senior, Junior, Advanced Novice, Intermediate Novice, Basic Novice, Cubs, Chicks

Solo dance: Senior, Junior

Adult Skating: Free Skating Gold, Free Skating Silver, Free Skating Bronze

3. ENTRIES AND ENTRY FEE

Entries of Competitors:

The entry fee per skater for each level is:

- All levels (except Advanced Novice, Junior, Senior): 100 Euro
- Advanced Novice, Junior, Senior: 130 Euro
- Payment is due upon accreditation at the IceLab

Competitors must be a member of one of above-mentioned ISU Member Federations. Membership will be verified by the organizers.

All competitors must register online by February 1, 2025. Registration links are below for each respective federation:

Egypt

<https://tinyurl.com/Egypt-registration>

Greece

<https://tinyurl.com/Greece-registration>

Morocco

<https://tinyurl.com/Morocco-registration>

Barbados

<https://tinyurl.com/Barbados-registration>

Late fee:

- Registration received after February 1 and before February 10 will pay a late fee of 30 Euro (space permitting).

Cancelations and Withdrawals:

- Cancelation of the competitor's entry, if any, must be done by February 10 via email to the organizer (joint.nationals@gmail.com).
- For any later cancelation, the team leader or federation representative will be asked to pay the full entry fee.
- Withdrawals with a medical certificate after February 10, must pay a 20 Euro administration fee.

Entries of Team Members:

Official entries of Team Leaders, Assistant Team Leaders, Team Officials, Team Medical Staff and Coaches will be accepted.

Accreditation will be provided to those who are officially accepted by the Organizer.

The member federations guarantee that the requested accreditation of Team Members will correspond to their function within the team and the Federation.

Registration for team members must occur by the member federations via the following link:

<https://tinyurl.com/JN2025-Delegations>

4. TECHNICAL DATA

ICELAB Arena – Address: Via San Bernardino 141 Bergamo BG (an indoor ice-rink with the ice surface of 30 x 60 m, air-conditioned and heated)

Competition Date: February 22, 2025

Competition Schedule: to be announced

SENIORS (Women and Men)	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 2. Duration: 2 min., 40 sec., +/- 10 sec.
	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2022, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 4 min., +/- 10 sec.
JUNIORS (Women and Men)	Short Program	The required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024 Rule 611, paragraphs 1 and 3 for 2024/25. Duration: 2 min., 40 sec. +/- 10 sec.

	Free Skating	In accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the “well balanced program” and the element value. Duration: 3 min., 30 sec. +/- 10 sec.
ADVANCED NOVICE (Girls and Boys)	Short Program	According to the ISU Communication 2624 and all subsequent updates. Duration: 2 min., 20 sec., +/- 10 sec.
	Free Skating	According to the ISU Communication 2624 and all subsequent updates. Duration: 3 min +/- 10 sec.
INTERMEDIATE NOVICE (Girls and Boys)	Free Skating	According to the ISU Communication 2624 and all subsequent updates. Duration: 3 min., +/- 10 sec.
BASIC NOVICE (Girls and Boys)	Free Skating	According to the ISU Communication 2624 and all subsequent updates. Duration: 2 min., 30 sec +/- 10 sec.
CUBS and CHICKS (Girls and Boys)	Free Skating	See detailed requirements below
SOLO DANCE SENIORS (Women and Men)	Rhythm Dance	The requirements for International Solo Ice Dance Competitions will follow the requirements announced annually in the ISU International Solo Ice Dance Guidelines • General Rules and Requirements • Technical Rules and Requirements • Scale of Values
	Free Dance	

SOLO DANCE JUNIORS (Women and Men)	Rhythm Dance	The requirements for International Solo Ice Dance Competitions will follow the requirements announced annually in the ISU International Solo Ice Dance Guidelines <ul style="list-style-type: none"> • General Rules and Requirements • Technical Rules and Requirements • Scale of Values
	Free Dance	
ADULT SKATING Gold/Silver/Bronze	Free Skating	See detailed requirements below

Cubs/Chicks information:

CUBS (Girls and Boys)

Free Skating: 2 min, +/- 10 sec

CHICKS (Girls and Boys)

Free Skating: 2 min, +/- 10 sec

A well-balanced CUBS and CHICKS Free Skating Program must contain:

a) Maximum of four (4) jump elements one of which must be an Axel type jump. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value. No triple or quadruple jumps are allowed. Only one single jump and one double jump (including Double Axel) can be repeated once.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination and one must be a spin with no change of position and no change of foot. The spin combination with a change of foot must have a minimum of eight (8) revolutions and without a change of foot with a minimum of six (6) revolutions. Flying entry is allowed. If with change of foot, only one level feature per

foot will count. The spin in one position without change of foot must have a minimum of six (6) revolutions, must be done in a basic position without any difficult variation positions and will be called maximum level basic. After the required revolutions it is allowed to execute difficult variations, but these will be ignored by the Technical Panel. Flying entry is not allowed.

c) There must be a maximum of one (1) step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. The Technical Panel will not award Feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

Levels explanations:

For Chicks and cubs, in all elements that are subject to Levels, only features up to Level 2 will be counted.

Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67

Adult skating information:

Free Skating Gold

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of single jumps (including the single Axel) or double jumps. Double flip, double Lutz, double Axel and triple jumps are not permitted. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence in the free program.
 - One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.
 - A jump sequence consists of two (2) or three (3) listed jumps of any number of revolutions, in which the second and/or the third listed jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.

- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
- The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
- c. A maximum of one (1) step sequence, fully utilizing the ice surface.
- The program duration is 2 minutes and 50 seconds +/- 10 seconds.
 - The points for each Program Component are multiplied by a factor of 2.67.
 - Only features up to and including Level 3 will be counted for the technical elements. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
 - The warm-up duration is six (6) minutes.
 - Each fall shall receive a deduction of 1.0

Free Skating Silver

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting of any single jumps (including the single Axel). Double jumps and triple jumps are not permitted.
- There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.
 - One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.
 - A jump sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.

- b. A maximum of two (2) spins of a different abbreviation.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
 - Only features up to and including Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
 - c. A maximum of one (1) choreographic sequence, fully utilizing the ice surface
 - The pattern is not restricted but the sequence must be clearly visible.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
- The program duration is 2 minutes +/- 10 seconds.
 - The points for each Program Component are multiplied by a factor of 2.0.
 - The warm-up duration is five (5) minutes.
 - Each fall shall receive a deduction of 0.5.

Free Skating Bronze

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of four (4) jump elements, consisting only of single jumps. Axel type jumps, double jumps and triple jumps are not permitted. There may be one (1) jump combination in the free program.
 - The jump combination may consist of two (2) listed jumps.
 - Each listed jump may be performed a maximum of two (2) times.
 - Waltz jumps will be ignored.
- b. A maximum of two (2) spins of a different abbreviation, both of which must be a spin in one position with or without a change of foot. Flying spins are not permitted.
 - The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
 - Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
- c. A maximum of one (1) choreographic sequence utilizing at least half (1/2) of the ice surface.
 - The pattern is not restricted but the sequence must be clearly visible.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

- The program duration is 1 minute and 40 seconds, +/- 10 seconds.
- The points for each Program Component are multiplied by a factor of 2.0.
- The warm-up duration is five (5) minutes.
- Each fall shall receive a deduction of 0.5.

5. ACCOMODATION AND TRAVEL

The competitors and team leaders are responsible for their own accommodation and travel. Below is a list of nearby hotels to the competition venue.

Art & Hotel

Via Santuario, 43

24040 Stezzano (Bergamo)

Phone: +39 035 4379300

Website: <http://www.arthotel.it> (4 km from IceLab Icerink)

Berg Hotel

Via per Azzano San Paolo 4, 24126, Bergamo

Phone: +39 035322048

Website: <https://www.berg-hotel.it/it/pagina/bergamo> (1,1 km from IceLab Icerink)

San Sisto Hostel

Via San Sisto 23

24126 Parco Colognola ai Colli - Bergamo

Phone: +39 035 321599

Website: <http://www.sansistohostel.com/> (Walking distance)

6. PLANNED PROGRAM CONTENT/ MUSIC

All competitors must have a "Planned Program Content" sheet. Please include skater's name and the exact running time of the music (not skating time). The planned program content sheet must be filled in precisely for each skater in English using the terminology for the elements listed in the respective ISU Communication.

Planned program content sheets are available at the end of this document and must be submitted by the deadline listed below.

Deadline to submit the music and planned program content: February 10, 2025

Each ISU Member is responsible for submitting their competitors' music and PPC as direct attachment to a Google Drive Platform that will be provided to the ISU Member federation.

7. INITIAL JUDGES MEETING / ROUND TABLE DISCUSSION

An initial Judges meeting, and Technical Panel meeting will be held prior to the competition. Exact timing will be announced.

8. EVENT JUDGING

Officials will consist of Italian National and International judges. Judging will follow the International Judging System (IJS).

9. ACCREDITATION

Accreditation will start on February 20 at the IceLab, ISU Center of Excellence, Bergamo, Italy.

All competitors are required to present a valid passport during accreditation.

10. PRACTICE

There is optional pre-competition training available at the IceLab with the IceLab coaches on February 20 and 21, 2025 (space permitting)

Details and booking for pre-training are available through the registration form.

Ice purchase for February 20 and 21, 2025 is available only if a coach is present with the competitor (space permitting)

11. DRAWS

Draw for all categories will be performed in the presence of a member of the judges panel by February 12, 2025.

Starting order for the free skating of categories Advanced Novices, Juniors and Seniors will be in reverse order of the results of the short program.

12. RESULTS

Results will be calculated respecting all ISU rules and regulations and will utilize the ISU judging system.

Results will be announced after the competition.

13. AWARDS

Awards for each category will be awarded by their respective ISU member federation after the competition, and will be as follows:

- 1st place - Medal, Certificate
- 2nd place - Medal, Certificate
- 3rd place - Medal, Certificate

14. LIABILITY

All participants act on their own responsibility. The organizer and competition host accept no liability for bodily or personal injury or for property loss or damage incurred by any competitor, coach or official.

15. CONTACT INFO

For information, please email the organizing committee:
Joint.Nationals@gmail.com

Joint Nationals 2025

PLANNED PROGRAM CONTENT AND MUSIC FORM

Skater's Full Name:

Category/Level (*ex. Singles, junior women*):

Program (Short or free):

Exact running time of the music (not skating time):

Music Title:

Music composer and/or performer:

Component #:	Spin/Jump	Component:
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

Coach's Name:

Signature: