



A Figure Skating Competition
for the Competitive Development Track

Cairo, Egypt

Registration Deadline: Feb 3, 2025
Music and PPC Submission Deadline: Feb 5, 2025
Competition Date: Feb 15, 2025

ANNOUNCEMENT

Ice Skate Egypt
is honored to welcome you to the

Key of Life Figure Skating Open 2025

This competition is a development track competition
and is for the following levels:
King Mina, King Zoser, King Imhotep, King Thutmose,
Queen Hatshepsut, King Akhenaton, Queen Nefertiti,
King Tutankhamun, King Ramses, King Ptolemy,
Queen Cleopatra
(Women, Men, Girls, Boys)

February 15, 2025

Organized by
Ice Skate Egypt

Hosted by
El Malahy Ice Rink

1. GENERAL REGULATIONS

The “Key of Life Figure Skating Open” will be conducted in accordance with Ice Skate Egypt’s Constitution and General Regulations.

Participation in “Key of Life Figure Skating Open” is open to all skaters who are non-Egyptians living in Egypt, and qualify with regard to eligibility, according to Rule 102. Proof of residency is required of all skaters.

A skater competing in Ice Skate Egypt’s 2025 National Championships or Adult National Championships or Key of Life National Festival MAY NOT participate in this competition.

2. OVERVIEW

This competition is being organized by Ice Skate Egypt and is a development track competition and judged according to the International Judging System (IJS).

The competition will take place at El Malahy Ice Rink and will be judged by ISU Officials in person.

- Registration deadline: February 3, 2025
- Music and PPC submission deadline: February 5, 2025

3. ENTRIES AND ENTRY FEE

All skaters must be members of Ice Skate Egypt for the current skating season.

All skaters must register online individually by February 3, 2025.

The entry fee per skater for each level is:

- All levels and ages: 4,500 EGP

Payment is due upon registration. Membership and payment instructions will be available on the registration website.

The entry fee will not be refunded under any circumstances. Withdrawals with a medical certificate will be refunded entry fee minus a 500 EGP administration fee.

Late fee:

- Registration received after February 1, 2025 and before February 5 will pay a late fee of 1500 EGP (space permitting).

The organizing committee reserves the right to request a recent skating video of the skater at any point prior to the competition.

Following registration, the organizing committee reserves the right to split groups, if necessary, by age.

4. TECHNICAL DATA

Venue: El Malahy Ice Rink (an indoor ice-rink with the ice surface of 20x25m)

New Cairo, Egypt

Competition Date: February 15, 2025

Competition Time: to be announced

5. TECHNICAL REQUIREMENTS

- To maintain the integrity of the “Key of Life National Skating Festival”, skaters must have passed a skating test (with Ice Skate Egypt or other standard testing of an ISU Member such as US Figure Skating, Skate Canada,...etc) or competed within the current skating season showing that they are **proficient in the elements** in the level they are competing. Elements that are not executed proficiently during the program will be reflected in the skater's score.
- **IMPORTANT: In situations where the skater is the only competitor at their level, ALL elements must be valid and /or a minimum score to be determined by the judges must be met to earn a medal.**
- There are no age restrictions in this competition.
- No props are allowed.
- Coaches are responsible for seeing that all of the above requirements are fulfilled.

Level	Level Name	Duration	Notes	Required Elements Name
1	King Mina	1:30 min max	<ul style="list-style-type: none"> All the elements on the list are required. No repetitions allowed Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element. 	Two foot Dip while gliding (skater's height)
				Forward Slalom (2 feet, minimum 4)
				Forward 1 foot glide (R or L - skater's height)
				Forward lunge (skater's height)
				Forward pivot (minimum 1 rev)
2	King Zoser	1:30 min max	<ul style="list-style-type: none"> All the elements on the list are required, elements from previous levels may be performed during the program. No repetitions allowed Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element. 	Backward 1 foot glide (R or L - skater's height)
				Two foot spin (minimum 3 revs.)
				Two foot jump
				Backward inside pivot (minimum 2 revs)
				Bunny hop (R or L)
3	King Imhotep	1:30 min max	<ul style="list-style-type: none"> All the elements on the list are required, elements from previous levels may be performed during the program. No repetitions allowed Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element. 	Spiral (on edge, forward or backward)
				Shoot the duck or one foot dip (skater's height) (sit position - upper part of the skating leg at least parallel to the ice)
				One foot spin (minimum 3 revs.)
				Mazurka (R or L)
				Waltz jump

4	King Thutmose	2:00 min max	<ul style="list-style-type: none"> • Elements from previous levels may be performed during the program. • Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element. • All ISU rules apply (refer to ISU Technical Panel Handbook) • Spins will be Max Level Base 	<p>Two different solo jumps:</p> <ul style="list-style-type: none"> - Single Salchow - Single Toe Loop <p>Two different spins to choose from:</p> <ul style="list-style-type: none"> - Upright spin - Back upright spin - Sit spin - Camel spin <p>One Choreographic Sequence</p>
5	Queen Hatshepsut	2:00 min max	<ul style="list-style-type: none"> • Elements from previous levels may be performed during the program. • Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element. • All ISU rules apply (refer to ISU Technical Panel Handbook) • Spins and step sequence will be Max Level 1 	<p>Two different solo jumps to choose between:</p> <ul style="list-style-type: none"> - Single Loop - Single Flip - Single Lutz <p>Two jump combinations one consisting of max 3 jumps or one combination and one jump sequence</p> <ul style="list-style-type: none"> - All single jumps except 1A - Waltz jump and Euler jump can be included <p>Two different spins to choose from:</p> <ul style="list-style-type: none"> - Spin in one position with no change of foot - Spin in one position with change of foot - Combination spin with no change of foot (at least 2 basic positions) <p>One Step Sequence (at least 2 difficult turns or steps)</p>

6	King Akhenaton	2:20 min, +/- 10	<ul style="list-style-type: none"> Elements from previous levels may be performed during the program. Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element. All ISU rules apply (refer to ISU Technical Panel Handbook) Spins and step sequence will be Max Level 2 	<p>Maximum of four (4) jump elements one of which must be an Axel type jump.</p> <p>There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence; consisting of up to two (2) jumps.</p> <p>No triple and quadruple jumps are allowed.</p> <p>Only one single jump and one double jump (including Double Axel) can be repeated once.</p>
				<p>Maximum of two (2) spins of a different nature (abbreviation)</p> <p>-Spin in one position with NO change of foot</p> <p>-One spin combination with or without change of foot (at least 2 positions)</p>
				<p>One Step Sequence (at least 2 difficult turns or steps)</p>
7	Queen Nefertiti	2:20 min, +/- 10	ISU Communication for Novice Competitions up to date Without age requirement	Technical requirements for ISU level - Basic Novice
8	King Tutankhamun	3:00 min, +/-10	ISU Communication for Novice Competitions up to date Without age requirement	Technical requirements for ISU level - Intermediate Novice
9	King Ramses	Short Program: 2:20 min., +/- 10	ISU Communication for Novice Competitions up to date Without age requirement	Technical requirements for ISU level - Advanced Novice
		Free Skate: 3:00 min., +/- 10		

10	King Ptolemy	Short Program: 2:50 min max	ISU Communication for Junior Competitions up to date Without age requirement	Technical requirements for ISU level - Junior
		Free Skate: 3:30 min., +/- 10		
11	Queen Cleopatra	Short Program: 2:50 min max	ISU Communication for Senior Competitions up to date Without age requirement	Technical requirements for ISU level - Senior
		Free Skate: 4:00 min., +/- 10		

The following Program Components are judged

- Composition
- Presentation
- Skating Skills

Note: According to the ISU Special Regulations and Technical Rules 2024:

- A Spin that has no basic position with two revolutions will receive no Level and no value, however a spin with less than three rotations is considered as a skating movement and not a spin.
- The minimum number of revolutions required in a position is two without interruption. In case this requirement is not fulfilled, the position is not counted.
- The change of foot in any spin must be preceded and followed by a spin position with at least three revolutions.

6. ACCOMODATION AND TRAVEL

The Organizing Committee will provide accommodation and transportation to and from the competition venue for Judges and all invited Officials.

The Organizing Committee will cover travel (economy class) and accommodation for Referees, Technical Controllers, Technical Specialists, Data and Replay Operators.

Hotels in close proximity are:

Hotel Name	Star Rating	Telephone
Sonesta Hotel Tower & Casino Cairo	★★★★★	+2 0222641111
JW Marriott Hotel Cairo	★★★★★	+2 01220984868
Holiday Inn CityStars	★★★★★	+2 0224803000
Tolip El Narges Hotel	★★★★	+2 0226170000

7. PLANNED PROGRAM CONTENT/ MUSIC

All skaters must submit a "Planned Program Content" sheet. Please include skater's name and the exact running time of the music (not skating time). The Planned program content sheet must be filled in precisely for each skater by their coach in English using the terminology for the elements listed in the respective ISU Communication.

Planned program content sheets will be available for download on the registration website, and must be submitted by the deadline listed below.

Music with lyrics must be clean (free of inappropriate language) and must not have suggestive content.

Please email the music and planned program content sheet to:
events@iceskateegypt.com

Deadline to submit the music and planned program content: February 5, 2025

8. COACHES

Egyptian Coaches (Domestic/non-foreign coaches)

To complete skater's registration, the coach's information will be required. An Egyptian coach MUST be approved and deemed a qualified coach in good standing by

Ice Skate Egypt. Coach's information and proof of approval MUST be submitted electronically during registration.

Foreign Coaches

To complete skater's registration, the coach's information will be required. Additionally, it is required to upload proof that the coach is a current member of a figure skating federation by uploading a valid membership card or a letter from their federation. This information MUST be submitted electronically during registration.

9. INITIAL JUDGES MEETING / ROUND TABLE DISCUSSION

An initial Judges meeting, and Technical Panel meeting will be held prior to the competition. Exact timing will be announced.

10. EVENT JUDGING

This competition is being organized by Ice Skate Egypt.

The competition will take place at El Malahy, New Cairo, Egypt.

Officials will consist of ISU figure skating judges and technical panelists that will be assigned by the organizers.

Judging will follow the International Judging System (IJS).

11. ACCREDITATION

Accreditation will start on Feb 14 at the ice rink.

All skaters are required to present their valid Egyptian passport or birth certificate prior to accreditation, as well as their Ice Skate Egypt membership card.

An email will be sent with additional details.

12. PRACTICE

Official practices will be on February 13-14, 2025.

13. DRAWS

The draw will be done electronically by February 14, 2025, and will be available in designated locations.

14. RESULTS

Results will be calculated respecting all ISU rules and regulations and will utilize the ISU virtual judging system.

Results will be announced after the competition.

15. AWARDS

Skaters at this event will receive a participation certificate, and will not be awarded any medals or ranking.

16. GENERAL APPEARANCE

Clothing:

- The clothing of the skaters must be modest, dignified, and appropriate for athletic competition – not garish or overly theatrical in design. Clothing may, however, reflect the character of the music chosen.
- The clothing must NOT hide the body line of the skaters NOR give an effect of excessive nudity that is inappropriate.
- Women must wear a costume with a figure skating skirt or wear a unitard.
- Women are NOT allowed to wear shorts, or short skirts such as those used typically for rhythmic gymnastics.
- Skating tights must look neat and be free of any rips or holes.
- Men must wear full length trousers. Tights or shorts are not allowed.
- Costumes should be original and NOT a direct imitation of any ISU International skater.
- Decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction.

Makeup:

- Makeup, if used, should be soft, harmonious, highlighting the beauty of the skaters. Unnatural colors, heavy makeup or makeup that does not match the skater's real age will not be permitted.

- The hair must be neat and secured away from the face allowing the judges to see the clear face of the skater.

Skates:

- Skaters must wear figure skates that are clean in appearance and free from distracting marks. If skates are visible, they should be black for men, white or tan for women. Appropriate boot covers are permitted.

Any costume or makeup violation will NOT be accepted, and the skater will not be permitted.

17. MEMBERSHIP AND REGISTRATION PROCESSES

Membership and Registration Processes:

- Competitors must be current members of Ice Skate Egypt
- For new members: please follow the process to become a member of Ice Skate Egypt prior to registering for the competition.
- Competition Registration will close on February 1, 2025, at 11:45pm Cairo Local Time (GMT +3)

Before completing the membership form, make sure to have the following:

- Digital copy for electronic upload:
 - Proof of Egyptian citizenship (birth certificate, national ID, or Egyptian passport)
 - Personal Photo (clear image of the face, directly facing the camera with neutral expression, using a plain background, photo must be recent, vertical/portrait mode) - no selfies or filters.
- Coach's name and valid contact number and email

Before completing the competition registration form, make sure to have the following:

- Digital copy for electronic upload:
 - Coach's Federation valid membership card or a letter from their federation
- Coach's Federation, valid contact number and email

The registration form must be completed online on the following page:

<https://iceskateegypt.com/national-championships-2025/>

Contact email:

events@iceskateegypt.com

18. LIABILITY

All participants act on their own responsibility. The organizer accepts no liability for bodily or personal injury or for property loss or damage incurred by any skater, coach or official.