

Egyptian Adult National Championships 2026



Registration Deadline: Dec 25, 2025 Music and PPC Submission Deadline: Dec 28, 2025 Competition Date: Jan 17, 2026



ANNOUNCEMENT

Ice Skate Egypt is honored to welcome you to the

2026 Egyptian Adult National Championships

This Adult National Competition is for Free Skating Elite Masters, Masters, Gold, Silver, Bronze

January 17, 2026

Organized by Ice Skate Egypt

Hosted by El Malahy Ice Rink



1. GENERAL REGULATIONS

The Egyptian National Adult Championships for the 2025-2026 Season will be conducted in accordance with the ISU Constitution and General Regulations, the Special Regulations & Technical Rules, all pertinent ISU Communications, and this announcement.

If there is a conflict between pertinent ISU Regulations or Communications and provisions set forth in this Announcement, the provisions set forth in this Announcement shall prevail, provided there are no special comments made for Adult Skating Competitions within such ISU Communications.

Participation in the Egyptian National Adult Championships is open to all competitors who carry the Egyptian citizenship, and qualify with regard to eligibility, according to Rule 102, provided that their ages fall within the limits specified in this announcement and they meet all the participation requirements. Proof of Egyptian citizenship is required for all competitors.

A competitor competing in Ice Skate Egypt's National Championships 2026 or Key of Life National Figure Skating Festival MAY NOT participate in this competition.

A clearance certificate is required for any competitor who has in the past year represented another country in ISU Championships, ISU Events and/or in National or International Competitions for another country.

2. OVERVIEW

This competition is being organized by Ice Skate Egypt and is a development track competition and judged according to the International Judging System (IJS).

The competition will take place at El Malahy Ice Rink and will be judged by ISU Officials in person.

• Registration deadline: December 25, 2025

• Payment deadline: December 28, 2025

• Music and PPC submission deadline: December 28, 2025

3. ENTRIES AND ENTRY FEE

Participation in this competition is open only to competitors who have reached at least the age of twenty-eight (28) before 1st July 2025.



Age categories for Women and Men Free Skating events:

•	Class I	skaters born between	1 st July 1987 and 30 th June 1997
•	Class II	skaters born between	1 st July 1977 and 30 th June 1987
•	Class III	skaters born between	1 st July 1967 and 30 th June 1977
•	Class IV	skaters born between	1 st July 1957 and 30 th June 1967
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• Class V skaters born on or before 30th June 1957

All skaters must be members in good standing of Ice Skate Egypt for the current skating season.

All skaters must register online individually by Dec 25, 2025.

The entry fee per skater for each level is:

• All levels and ages: 8,500 EGP

Payment is due upon registration and must be received NO LATER THAN December 28, 2025. Membership and payment instructions will be available on the registration website.

The entry fee will not be refunded under any circumstances. Withdrawals with a medical certificate after January 10 must pay a 2,000 EGP fee.

The organizing committee reserves the right to request a recent skating video of the skater at any point prior to the competition.

4. TECHNICAL DATA

Venue: El Malahy Ice Rink (an indoor ice-rink with the ice surface of 20x25m)

New Cairo, Egypt

Competition Date: January 17, 2026 Competition Time: to be announced

5. TECHNICAL REQUIREMENTS

- Competitors must fulfill ALL the required elements for the level they are competing.
- To maintain the integrity of the competition, skaters must have passed a skating test organized by Ice Skate Egypt with an international judging panel. Registrations without prior testing will be REJECTED.



- IMPORTANT: A minimum score to be determined by the judges will be required to be awarded a medal.
- No props are allowed.
- Coaches are responsible for seeing that all of the above requirements are fulfilled.

Free Skating Elite Masters

Skaters entering this category will compete against other Elite Masters Free skaters. The technical requirements are the same as those for the category "Masters Free Skating." with the exception that triple jumps are permitted. The Masters Elite category is intended for skaters who competed at the Junior or Senior level in national or international competitions, but it is not mandatory for such skaters. It is also open for skaters who wish to include double axel and/or triple jumps in their free skating program.

Free Skating Masters

A competitor in the Masters Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of five (5) jump elements, one of which must be an Axel type jump. Single and double jumps are permitted. No triple or quadruple jumps are allowed.
 - There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence in the free program.
 - One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.
 - A jump sequence consists of two (2) or three (3) listed jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take-off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times.



- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance, and one (1) of which must be a spin with only one (1) position
 - The spins must have a required minimum number of revolutions: five (5) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value, however a spin with less than three rotations in total is considered as a skating movement and not a spin.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
- c. A maximum of one (1) step sequence, fully utilizing the ice surface.
 - The program duration is 3 minutes +/- 10 seconds.
 - The points for each Program Component are multiplied by a factor of 2.67.
 - Features up to and including Level 4 will be counted for the technical elements.
 - The warm-up duration is six (6) minutes.
 - Each fall shall receive a deduction of 1.0.



Free Skating Gold

A competitor in the Gold Free Skating event must perform a well-balanced program that may contain:

- a. A maximum of five (5) jump elements, consisting of single jumps (including the single Axel) or double jumps. Double flip, double Lutz, double Axel and triple jumps are not permitted. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence in the free program.
 - One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.
 - A jump sequence consists of two (2) or three (3) listed jumps of any number of revolutions, in which the second and/or the third listed jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take-off curve of the Axel jump.
 - Each listed jump may be performed a maximum of two (2) times
- b. A maximum of three (3) spins of a different abbreviation, one (1) of which must be a spin combination with a change of foot and one (1) of which must be a flying spin or a spin with a flying entrance.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and eight (8) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
- c. A maximum of one (1) step sequence, fully utilizing the ice surface.
 - The program duration is 2 minutes and 50 seconds +/- 10 seconds.
 - The points for each Program Component are multiplied by a factor of 2.67.
 - Only features up to and including Level 3 will be counted for the technical elements. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
 - The warm-up duration is six (6) minutes.
 - Each fall shall receive a deduction of 1.0.



Free Skating Silver

A competitor in the Silver Free Skating event must perform a well-balanced program that may contain:

A maximum of four (4) jump elements, consisting of any single jumps (including the a. single Axel). Double jumps and triple jumps are not permitted.

- There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.
- One (1) jump combination or one (1) jump sequence may consist of up to three (3) listed jumps. The other may have two (2) listed jumps.
- A jump sequence consists of two (2) or three (3) jumps of any number of revolutions, in which the second and/or the third jump is an Axel type jump with a direct step from the landing curve of the first/second jump into the take-off curve of the Axel jump.
- Each listed jump may be performed a maximum of two (2) times.
- b. A maximum of two (2) spins of a different abbreviation, one of which must be a spin in one position with or without a change of foot.
 - The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value.
 - Spin combinations must include a minimum of two (2) different basic positions with two (2) revolutions in each of these positions anywhere within the spin. To receive full value, a spin combination must include all three (3) basic positions.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V
- c. A maximum of one (1) choreographic sequence, fully utilizing the ice surface
 - The pattern is not restricted but the sequence must be clearly visible.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
 - A Choreographic Sequence consists of at least two (2) different skating movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading and unlisted jumps.
 - The program duration is 2 minutes +/- 10 seconds.
 - The points for each Program Component are multiplied by a factor of 2.0.
 - Only features up to and including Level 2 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
 - The warm-up duration is five (5) minutes.
 - Each fall outside elements shall receive a deduction of 0.5. Falls in elements will be called by the Technical Panel but with no deduction(s).



Free Skating Bronze

A competitor in the Bronze Free Skating event must perform a well-balanced program that may contain:

- A maximum of four (4) jump elements, consisting only of single jumps. Axel type jumps, a. double jumps and triple jumps are not permitted. There may be one (1) jump combination in the free program.
 - The jump combination may consist of two (2) listed jumps.
 - Each listed jump may be performed a maximum of two (2) times.
 - Waltz jumps will be ignored.
- b. A maximum of two (2) spins of a different abbreviation, both of which must be a spin in one position with or without a change of foot. Flying spins are not permitted.
 - The spins must have a required minimum number of revolutions: three (3) for any spin with no change of foot, and six (6) with a change of foot.
 - A spin that has no basic position with 2 revolutions will receive no value.
 - All spins with change of foot must have at least 3 revolutions on each foot. If this requirement is not fulfilled, the spin will be marked with a V.
- c. A maximum of one (1) choreographic sequence utilizing at least half (1/2) of the ice surface.
 - The pattern is not restricted but the sequence must be clearly visible.
 - A choreographic sequence has a base value and will be evaluated by the judges in GOE only.
 - A Choreographic Sequence consists of at least two (2) different skating movements like spirals, arabesques, spread eagles, Ina Bauers, hydroblading and unlisted jumps.
 - The program duration is 1 minute and 40 seconds, +/- 10 seconds.
 - The points for each Program Component are multiplied by a factor of 2.0.
 - Only features up to and including Level 1 will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.
 - The warm-up duration is five (5) minutes.
 - Each fall outside elements shall receive a deduction of 0.5. Falls in elements will be called by the Technical Panel but with no deduction(s).



6. ACCOMODATION AND TRAVEL

The Organizing Committee will provide accommodation and transportation to and from the competition venue for Judges and all invited Officials.

The Organizing Committee will cover travel (economy class) and accommodation for Referees, Technical Controllers, Technical Specialists, Data and Replay Operators.

Hotels in close proximity are:

Hotel Name	Star Rating	Telephone
Sonesta Hotel	$\Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow$	+2 0222641111
Tower & Casino		
Cairo		
Hilton Heliopolis	$\overset{\wedge}{\Rightarrow}\overset{\wedge}{\Rightarrow}\overset{\wedge}{\Rightarrow}\overset{\wedge}{\Rightarrow}\overset{\wedge}{\Rightarrow}$	+20 222677730
Holiday Inn	$\Rightarrow \Rightarrow \Rightarrow \Rightarrow \Rightarrow$	+2 0224803000
CityStars		
Tolip El Narges	$\Rightarrow \Rightarrow \Rightarrow \Rightarrow$	+2 0226170000
Hotel		

7. PLANNED PROGRAM CONTENT/ MUSIC

All skaters must submit a "Planned Program Content" sheet. Please include skater's name and the exact running time of the music (not skating time). The Planned program content sheet must be filled in precisely for each skater by their coach in English using the terminology for the elements listed in the respective ISU Communication.

Planned program content sheets will be available for download on the registration website, and must be submitted by the deadline listed below.

Music with lyrics must be clean (free of inappropriate language) and must not have suggestive content.

Please email the music and planned program content sheet to: events@iceskateegypt.com

Deadline to submit the music and planned program content: December 28, 2025



8. COACHES

Egyptian Coaches (Domestic/non-foreign coaches)

To complete skater's registration, the coach's information will be required. An Egyptian coach MUST be approved and deemed a qualified coach in good standing by Ice Skate Egypt. Coach's information and proof of approval MUST be submitted electronically during registration.

Foreign Coaches

To complete skater's registration, the coach's information will be required. Additionally, it is required to upload proof that the coach is a current member of a figure skating federation by uploading a <u>valid membership card</u> or <u>a letter from their federation</u>. This information MUST be submitted electronically during registration.

9. INITIAL JUDGES MEETING / ROUND TABLE DISCUSSION

An initial Judges meeting, and Technical Panel meeting will be held prior to the competition. Exact timing will be announced.

10. EVENT JUDGING

This competition is being organized by Ice Skate Egypt.

The competition will take place at El Malahy, New Cairo, Egypt.

Officials will consist of ISU and International figure skating judges and technical panelists that will be assigned by the organizers.

Judging will follow the International Judging System (IJS).

11. ACCREDITATION

Accreditation will start on January 16 at the ice rink.

All skaters are required to present their valid Egyptian passport or birth certificate prior to accreditation, as well as their Ice Skate Egypt membership card.

Additional details will be announced.

12. PRACTICE

Official practices will be on January 15-16, 2025.



13. DRAWS

The draw will be done electronically and will be available in designated locations.

14. RESULTS

Results will be calculated respecting all ISU rules and regulations and will utilize the ISU virtual judging system.

Results will be announced after the competition.

15. AWARDS

Awards for each category are: 1st place - Medal, Certificate 2nd place - Medal, Certificate 3rd place - Medal, Certificate

16. GENERAL APPEARANCE

Clothing:

- The clothing of the skaters must be modest, dignified, and appropriate for athletic competition not garish or overly theatrical in design. Clothing may, however, reflect the character of the music chosen.
- The clothing must NOT hide the body line of the skaters NOR give an effect of excessive nudity that is inappropriate.
- Women must wear a costume with a figure skating skirt or wear a unitard.
- Women are NOT allowed to wear shorts, or short skirts such as those used typically for rhythmic gymnastics.
- Skating tights must look neat and be free of any rips or holes.
- Men must wear full length trousers. Tights or shorts are not allowed.
- Costumes should be original and NOT a direct imitation of any ISU International skater.
- Decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction.



Makeup:

- Makeup, if used, should be soft, harmonious, highlighting the beauty of the skaters. <u>Unnatural colors, heavy makeup or makeup that does not match the skater's real age</u> will not be permitted.
- The hair must be neat and secured away from the face allowing the judges to see the clear face of the skater.

Skates:

• Skaters must wear figure skates that are clean in appearance and free from distracting marks. If skates are visible, they should be black for men, white or tan for women. Appropriate boot covers are permitted.

Any costume or makeup violation will NOT be accepted, and the skater will not be permitted.

17. MEMBERSHIP AND REGISTRATION PROCESSES

Membership and Registration Processes:

- Competitors must be current members of Ice Skate Egypt
- For new members: please follow the process to become a member of Ice Skate Egypt prior to registering for the competition.
- Competition Registration will close on December 25, 2025, at 11:45pm Cairo Local Time (GMT +3)

Before completing the membership form, make sure to have the following:

- Digital copy for electronic upload:
 - Proof of Egyptian citizenship (birth certificate, national ID, or Egyptian passport)
 - o Personal Photo (clear image of the face, directly facing the camera with neutral expression, using a plain background, photo must be recent, vertical/portrait mode) no selfies or filters.
- Coach's name and valid contact number and email

Before completing the competition registration form, make sure to have the following:

- Digital copy for electronic upload:
 - Coach's Federation valid membership card or a letter from their federation
- Coach's Federation, valid contact number and email



The registration form must be completed online on the following page:

https://iceskateegypt.com/national-championships-2026/

Contact email:

events@iceskateegypt.com

18. <u>LIABILITY</u>

All participants act on their own responsibility. The organizer accepts no liability for bodily or personal injury or for property loss or damage incurred by any skater, coach or official.