



A Figure Skating Competition
for the Competitive Development Track

Cairo, Egypt

Registration Deadline: Dec 25, 2025
Music and PPC Submission Deadline: Dec 28, 2025
Competition Date: Jan 17, 2026

ANNOUNCEMENT

Ice Skate Egypt
is honored to welcome you to the

Key of Life Egyptian National Figure Skating Festival 2026

This competition is a development track competition
and is for the following levels:
King Mina, King Zoser, King Imhotep, King Thutmose,
Queen Hatshepsut, Queen Tiye, King Akhenaton,
Queen Nefertiti, King Tutankhamun, King Ramses,
King Ptolemy, Queen Cleopatra
(Women, Men, Girls, Boys)

January 17, 2026

Organized by
Ice Skate Egypt

Hosted by
El Malahy Ice Rink

1. GENERAL REGULATIONS

The “Key of Life National Festival” will be conducted in accordance with Ice Skate Egypt's Constitution and General Regulations.

Participation in “Key of Life National Festival” is open to all skaters who carry Egyptian citizenship and qualify with regard to eligibility, according to Rule 102. Proof of Egyptian nationality will be required of all skaters and must be uploaded at the time of registration.

A skater competing in Ice Skate Egypt's 2026 National Championships or Adult National Championships MAY NOT participate in this competition.

A clearance certificate is required for any skater who has in the past year represented another country in ISU Championships, ISU Events and/or in National or International Competitions for another country.

2. OVERVIEW

This competition is being organized by Ice Skate Egypt and is a development track competition and judged according to the International Judging System (IJS).

The competition will take place at El Malahy Ice Rink and will be judged by ISU Officials in person.

- Registration deadline: December 25, 2025
- Payment deadline: December 28, 2025
- Music and PPC submission deadline: December 28, 2025

3. ENTRIES AND ENTRY FEE

All skaters must be members in good standing of Ice Skate Egypt for the current skating season.

All skaters must register online individually by December 25, 2025.

The entry fee per skater for each level is:

- All levels: 5,000 EGP

Payment is due upon registration and must be received NO LATER THAN December 28, 2025. Membership and payment instructions will be available on the registration website.

The entry fee will not be refunded under any circumstances. Withdrawals with a medical certificate after January 10 must pay a 1,500 EGP fee.

The organizing committee reserves the right to request a recent skating video of the skater at any point prior to the competition.

Following registration, the organizing committee reserves the right to split groups, if necessary, by age.

4. TECHNICAL DATA

Venue: El Malahy Ice Rink (an indoor ice-rink with the ice surface of 20x25m)

New Cairo, Egypt

Competition Date: January 17, 2026

Competition Time: to be announced

5. TECHNICAL REQUIREMENTS

- To maintain the integrity of the “Key of Life National Skating Festival”, skaters:
 - **Levels 1-5:** Must have passed a skating test with Ice Skate Egypt (or other standard testing of an ISU Member such as US Figure Skating, Skate Canada,...etc)
 - **Levels 6-12:** Must have passed a skating test organized by Ice Skate Egypt with an international judging panel. Registrations without prior testing will be rejected.
- **IMPORTANT:** In situations where the skater is the only competitor at their level, **ALL elements must be valid and /or a minimum score to be determined by the judges must be met to earn a medal.**
- There are no age restrictions in this competition.
- No props are allowed.
- Coaches are responsible for seeing that all of the above requirements are fulfilled.

Levels 1 to 3:

- All the elements on the list are required (5 on each level)
- No repetitions allowed
- Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements, and a deduction of 0.5 points will be taken for each illegal element.
- The Technical Specialist will call the elements and make sure that the position is attained.
- The judge(s) will give the GOE for each element, taking in consideration if the skaters attained the position for the minimum required seconds and the quality of the elements.

| Level | Level Name | Duration | Required Elements Name |
|-------|--------------|-----------------|--|
| 1 | King Mina | 1:30 min max | Two foot Dip while gliding (2 seconds) |
| | | | Forward Slalom (2 feet, minimum 4) |
| | | | Forward 1 foot glide (R or L - 2 seconds) |
| | | | Forward lunge (2 seconds) |
| | | | Forward pivot (minimum 1 rev) |
| 2 | King Zoser | 1:30 min max | Backward 1 foot glide (R or L - 2 seconds) |
| | | | Two foot spin (minimum 3 revs.) |
| | | | Two foot jump |
| | | | Backward inside pivot (minimum 2 revs) |
| | | | Bunny hop (R or L) |
| 3 | King Imhotep | 1:30 min max | Spiral (on edge, forward or backward). Hold for 2 seconds (free leg knee at least at hip level) |
| | | | Shoot the duck or one foot dip. Hold for 2 seconds (sit position - upper part of the skating leg at least parallel to the ice) |
| | | | One foot spin (minimum 3 revs.) |
| | | | Mazurka (R or L) (Jump of half revolution with the stag position in the air) |
| | | | Waltz jump |

Levels 4 and 5:

- Elements from previous levels may be performed during the program.
- Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements, and a deduction of 0.5 points will be taken for each illegal element.
- All ISU rules apply (refer to the current ISU Communications and the ISU Technical Panel Handbook)
- Spins will be max level Base, spins must be done in basic position without any difficult variation positions. After the required revolutions it is allowed to execute difficult variations, but these will be ignored by the Technical Specialist. Flying entry is not allowed.
- For spins in one position, minimum 4 revolutions; for spins with change of foot, minimum 4 revolutions on each foot; for combination spin with no change of foot, 6 revolutions in total.

| Level | Level Name | Duration | Required Elements Name |
|-------|------------------|-----------------|---|
| 4 | King Thutmose | 2:00 min max | <p>MAXIMUM THREE (3) JUMP ELEMENTS:</p> <ul style="list-style-type: none"> ▪ Two (2) different solo jumps to choose between: <ul style="list-style-type: none"> ○ Single Salchow ○ Single Toe Loop ○ Single Loop ▪ 1 Jump combination consists of 2 jumps to choose from the list above |
| | | | <p>MAXIMUM TWO (2) SPIN ELEMENTS:</p> <ul style="list-style-type: none"> ○ Upright spin (mandatory) ○ Sit spin ○ Camel spin |
| | | | <p>ONE CHOREOGRAPHIC STEPS (ChSt) fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be attempted</p> |

| | | | |
|---|---------------------|-----------------|---|
| 5 | Queen Hatshepsut | 2:00 min max | <p>MAXIMUM THREE (3) JUMP ELEMENTS:</p> <ul style="list-style-type: none"> ▪ Two (2) different solo jumps to choose between: <ul style="list-style-type: none"> ○ Single Loop ○ Single Flip ○ Single Lutz ▪ 1 Jump combination consist of 2 single jumps except 1 Axel <p>MAXIMUM TWO (2) SPIN ELEMENTS:</p> <ul style="list-style-type: none"> ▪ One spin in one position with no change of foot to choose between <ul style="list-style-type: none"> ○ Sit spin ○ Camel spin ▪ One combination spin with no change of foot (at least two basic positions) <p>ONE CHOREOGRAPHIC STEPS (ChSt) fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be attempted.</p> |
|---|---------------------|-----------------|---|

IMPORTANT - LEVELS 6-12: ALL SKATERS COMPETING AT LEVELS 6-12 MUST HAVE PASSED A SKATING TEST ORGANIZED BY ICE SKATE EGYPT WITH AN INTERNATIONAL JUDGING PANEL PRIOR TO COMPETITION. REGISTRATIONS WITHOUT PRIOR TESTING WILL BE REJECTED.

Levels 6 and 7:

- Elements from previous levels may be performed during the program.
- Elements from higher levels are not allowed. If performed, these will have no value and will be considered as illegal elements and a deduction of 0.5 points will be taken for each illegal element.
- All ISU rules apply (refer to ISU Technical Panel Handbook)
- Spins and step sequence will be Max Level 2
- The spins in one position, minimum 6 revolutions
- The spin combination with change of foot, minimum 8 revolutions in total and without change of foot, minimum 6 revolutions in total.

| Level | Level Name | Duration | Required Elements Name |
|-------|------------|---------------------|--|
| 6 | Queen Tiye | 2:00 min, +/- 10 | <p>MAXIMUM OF FOUR (4) JUMP ELEMENTS, ANY SINGLE JUMPS EXCEPT 1A</p> <ul style="list-style-type: none"> ▪ There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence; consisting of up to two (2) jumps. ▪ Only two single jumps can be repeated once. <p>MAXIMUM OF TWO (2) SPINS OF A DIFFERENT NATURE (ABBREVIATION)</p> <ul style="list-style-type: none"> ▪ Spin in one position with NO change of foot ▪ One spin combination with or without change of foot (at least 2 positions) <p>ONE STEP SEQUENCE (at least 2 difficult turns or steps)</p> |

| | | | |
|---|-------------------|---------------------|---|
| 7 | King Akhenaton | 2:00 min, +/- 10 | <p>MAXIMUM OF FOUR (4) JUMP ELEMENTS ONE OF WHICH MUST BE AN AXEL TYPE JUMP.</p> <ul style="list-style-type: none"> There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence; consisting of up to two (2) jumps. "No triple and quadruple jumps are allowed". Only one single jump and one double jump (including Double Axel) can be repeated once. |
| | | | <p>MAXIMUM OF TWO (2) SPINS OF A DIFFERENT NATURE (ABBREVIATION)</p> <ul style="list-style-type: none"> Spin in one position with NO change of foot One spin combination with or without change of foot (at least 2 positions) |
| | | | <p>ONE STEP SEQUENCE (at least 2 difficult turns or steps)</p> |

For levels 1-7:

The following Program Components are judged

- Composition
- Presentation
- Skating Skills

The factor for the program components is:

- For girls 1.07
- For boys 1.20

| Levels 8 to 12 | | | |
|--|------------------|----------------------------------|--|
| <ul style="list-style-type: none"> Equivalent to ISU levels. All rules will be according to the current ISU communications and rules, WITHOUT age requirement | | | |
| Level | Level Name | Duration | Required Elements Name |
| 8 | Queen Nefertiti | 2:30 min, +/- 10 | Technical requirements for ISU level - Basic Novice |
| 9 | King Tutankhamun | 3:00 min, +/- 10 | Technical requirements for ISU level - Intermediate Novice |
| 10 | King Ramses | Short Program: 2:20 min., +/- 10 | Technical requirements for ISU level - Advanced Novice |
| | | Free Skate: 3:00 min., +/- 10 | |
| 11 | King Ptolemy | Short Program: 2:40 min +/- 10 | Technical requirements for ISU level – Junior |
| | | Free Skate: 3:30 min., +/- 10 | |
| 12 | Queen Cleopatra | Short Program: 2:40 min +/- 10 | Technical requirements for ISU level - Senior |
| | | Free Skate: 4:00 min., +/- 10 | |

6. ACCOMODATION AND TRAVEL

The Organizing Committee will provide accommodation and transportation to and from the competition venue for Judges and all invited Officials.

The Organizing Committee will cover travel (economy class) and accommodation for Referees, Technical Controllers, Technical Specialists, Data and Replay Operators.

Hotels in close proximity are:

| Hotel Name | Star Rating | Telephone |
|--|-------------|---------------|
| Sonesta Hotel Tower & Casino Cairo | ★★★★★ | +2 0222641111 |
| Hilton Heliopolis | ★★★★★ | +20 222677730 |
| Holiday Inn CityStars | ★★★★★ | +2 0224803000 |
| Tolip El Narges Hotel | ★★★★ | +2 0226170000 |

7. PLANNED PROGRAM CONTENT/ MUSIC

All skaters must submit a "Planned Program Content" sheet. Please include skater's name and the exact running time of the music (not skating time). The Planned program content sheet must be filled in precisely for each skater by their coach in English using the terminology for the elements listed in the respective ISU Communication.

Planned program content sheets will be available for download on the registration website, and must be submitted by the deadline listed below.

Music with lyrics must be clean (free of inappropriate language) and must not have suggestive content.

Please email the music and planned program content sheet to:

events@iceskateegypt.com

Deadline to submit the music and planned program content: December 28, 2025

8. COACHES

Egyptian Coaches (Domestic/non-foreign coaches)

To complete skater's registration, the coach's information will be required. An Egyptian coach **MUST** be approved and deemed a qualified coach in good standing by Ice Skate Egypt. Coach's information and proof of approval **MUST** be submitted electronically during registration.

Foreign Coaches

To complete skater's registration, the coach's information will be required. Additionally, it is required to upload proof that the coach is a current member of a figure skating federation by uploading a valid membership card or a letter from their federation. This information MUST be submitted electronically during registration.

9. INITIAL JUDGES MEETING / ROUND TABLE DISCUSSION

An initial Judges meeting, and Technical Panel meeting will be held prior to the competition. Exact timing will be announced.

10. EVENT JUDGING

This competition is being organized by Ice Skate Egypt.

The competition will take place at El Malahy, New Cairo, Egypt.

Officials will consist of ISU and International figure skating judges and technical panelists that will be assigned by the organizers.

Judging will follow the International Judging System (IJS).

11. ACCREDITATION

Accreditation will start on January 16 at the ice rink.

All skaters are required to present their valid Egyptian passport or birth certificate prior to accreditation, as well as their Ice Skate Egypt membership card.

Additional details will be announced.

12. PRACTICE

Official practices will be on January 15-16, 2025.

13. DRAWS

The draw will be done electronically and will be available in designated locations.

14. RESULTS

Results will be calculated respecting all ISU rules and regulations and will utilize the ISU virtual judging system.

Results will be announced after the competition.

15. AWARDS

Awards for each category are:

1st place - Medal, Certificate

2nd place - Medal, Certificate

3rd place - Medal, Certificate

16. GENERAL APPEARANCE

Clothing:

- The clothing of the skaters must be modest, dignified, and appropriate for athletic competition – not garish or overly theatrical in design. Clothing may, however, reflect the character of the music chosen.
- The clothing must NOT hide the body line of the skaters NOR give an effect of excessive nudity that is inappropriate.
- Women must wear a costume with a figure skating skirt or wear a unitard.
- Women are NOT allowed to wear shorts, or short skirts such as those used typically for rhythmic gymnastics.
- Skating tights must look neat and be free of any rips or holes.
- Men must wear full length trousers. Tights or shorts are not allowed.
- Costumes should be original and NOT a direct imitation of any ISU International skater.
- Decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction.

Makeup:

- Makeup, if used, should be soft, harmonious, highlighting the beauty of the skaters. Unnatural colors, heavy makeup or makeup that does not match the skater's real age will not be permitted.

- The hair must be neat and secured away from the face allowing the judges to see the clear face of the skater.

Skates:

- Skaters must wear figure skates that are clean in appearance and free from distracting marks. If skates are visible, they should be black for men, white or tan for women. Appropriate boot covers are permitted.

Any costume or makeup violation will NOT be accepted, and the skater will not be permitted.

17. MEMBERSHIP AND REGISTRATION PROCESSES

Membership and Registration Processes:

- Competitors must be current members of Ice Skate Egypt
- For new members: please follow the process to become a member of Ice Skate Egypt prior to registering for the competition.
- Competition Registration will close on December 25, 2025, at 11:45pm Cairo Local Time (GMT +3)

Before completing the membership form, make sure to have the following:

- Digital copy for electronic upload:
 - Proof of Egyptian citizenship (birth certificate, national ID, or Egyptian passport)
 - Personal Photo (clear image of the face, directly facing the camera with neutral expression, using a plain background, photo must be recent, vertical/portrait mode) - no selfies or filters.
- Coach's name and valid contact number and email

Before completing the competition registration form, make sure to have the following:

- Digital copy for electronic upload:
 - Coach's Federation valid membership card or a letter from their federation
- Coach's Federation, valid contact number and email

The registration form must be completed online on the following page:

<https://iceskateegypt.com/national-championships-2026/>

Contact email:

events@iceskateegypt.com

18. LIABILITY

All participants act on their own responsibility. The organizer accepts no liability for bodily or personal injury or for property loss or damage incurred by any skater, coach or official.