

Egyptian National Championships 2023

PLANNED PROGRAM CONTENT AND MUSIC FORM

Skater's Full Name:

Level/Program:

Exact running time of the music (not skating time):

Music Title:

Music composer and/or performer:

Component #:	Spin/Jump	Component:
Ex:	Jump combination	Axel - single loop - single toe
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		

10.		
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